



#5 - Sarah Bali
 C/LF/2B
 720-320-0043
 sarahbali@icloud.com



KBFASTPITCH.ORG

Birthdate: 7/21/06
Height: 5'
Parent's Names: Sheepa Bansal (sheepa.bansal@gmail.com)
 Sharad Bali (sharadbali@hotmail.com)

High School: Lake Washington High School
 12033 NE 80th Street
 Kirkland, WA 98033
GPA: 4.0
Grad Year: 2024
SAT Score: N/A
Anticipated Major: Biology

Academic Achievements:
 Advanced Placement Courses: AP Psychology (current)
 National Honor Society

Primary Position: C
Other Positions: LF/2B
Bats: Right
Throws: Right

Exit Velocity: 57
Throwing Speed 60' Overhand: 49
Home to First Base: 3.11
5, 10, 5: 5.47
Pop Time: 2.3

Athletic Achievements:
 Lake Washington Highschool Fastpitch 2021 - Varsity Letter
 KB Fastpitch 2020- 2022
 Flame Fastpitch 2018-2020
 Danielle Orvella WHP Course Completion 2021

Camps Attended:
 Megan Vandegrift/Brooke Nelson Winter Clinic 2022
 UW Friday Night Skills Camp 2021
 Triple Crown (Colorado) College Sunday Camp 2021
 USA Preps-WA Play in Pink College Coaches Camp 2021
 USA Preps-WA Kate Austin College Coaches Camp 2021
 Eve Gaw DBTR 2020

Community Service
 2021-2022: 30 hours (all signed off)
 Includes: Several NHS Activities, such as tutoring, making cards for kids for kids with cancer and more.

Head Coach: Cody Painter
Assistant Coach: Jim Tierney
Assistant Coach: Keith Clear
High School Coach: JoDee Hull
Hitting Coach: Eve Gaw